

# European Cruise Services Limited

You are required you to pass a Pre-Employment Medical Examination (PEME) prior to joining a cruise ship. This is to ensure you are fit to carry out both your routine and emergency duties. Please follow the instructions below to schedule a PEME appointment in a city near you and take a copy of this letter with you.

- 1) **All applicants must undergo a medical exam at a Company approved facility.**
- 2) Your appointment needs to be scheduled **at least 6 weeks prior** to your anticipated ship join date as it may take this duration to process the tests and complete the documentation. You must inform the clinic that you require an exam for the Company, your position, and your anticipated join date. You must take **one passport photo and a valid photo I.D.** with you to your appointment.
- 3) **You are responsible for the cost of your PEME** and may be reimbursed. Note that you will be charged for your medical examination regardless of whether you pass the medical examination or not. The examining facilities may require a deposit and a penalty fee may be charged for no shows or late cancellations.
- 4) **If you have any significant health problems and are concerned about your ability to pass the exam, please discuss these with the facility in advance of the examination.** Some specific medical conditions may result in denial or deferment of your conditional job offer. These include but are not limited to: cardiovascular disease, abnormal liver functions, epilepsy, insulin dependent diabetes, anxiety, mood, and eating disorders, and obesity. Obesity is defined as a Body Mass Index greater than 30. You are encouraged to calculate your own BMI prior to scheduling an exam by using the following equation,  $BMI = \text{pounds/inches}^2$  or using the BMI calculator at [http://www.cdc.gov/healthyweight/assessing/bmi/adult\\_bmi/index.html](http://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/index.html)
- 5) The general examination includes a physical exam, urine test, blood draw, abdominal ultrasound and chest x-ray. If indicated, additional tests may be required. All repeated tests will not be reimbursed. A drug test may be require of you as well. It is important that you know the company will disqualify without further notice should you test positive for any type of drugs or abused substance.
- 6) You may also be required to undergo vaccinations. **Yellow Fever, Tetanus and MMR (Measles, Mumps, Rubella) shots will be needed if you did not receive the vaccination within the past 10 years. Not having the booster within the past 10 years will delay the process.** If you cannot prove you have had it, you need to get it. The PEME has a "Vaccine Administration Record" you and/or doctor must complete the form. While only Yellow Fever and Tetanus vaccinations are required, please document all other vaccinations and boosters you may have received.
- 7) If you are **declared FIT and pre-cleared to join by the Company**, you must bring all the PEME forms including the laboratory and diagnostic tests reports printouts and the original Medical Fitness Certificate with you to the ship. **Do not place it in your luggage as you will run the risk of getting it lost.** We suggest you keep these documents in your carry-on at all time. Please take all these forms with you when joining your ship as they will be reviewed by the ship's medical staff. The fitness certificate has a maximum validity of 2 years provided that there are no health concerns or provided you do not have a break in employment for more than 120 days.
- 8) If you are **declared UNFIT by the appointed doctor, a doctor of your choice or by the Company Pre-Clearance review process**, you will receive your self-declaration, examination findings, laboratory results but you will not be issued with a medical fitness certificate. Your assignment will be cancelled.
- 9) Remember, it is **your responsibility** to ensure that you take your original medical fitness certificate when joining a ship which must be valid for the length of your entire contact. **If these requirements are not met, you may be immediately repatriated at your own expense.** Paperwork can get lost. It is highly suggested that you have an electronic copy available at all times.

The PEME process is not a simple one, and sometimes it does get held up. But, if you take ownership of it and follow through, the process can move more smoothly. If you have any questions regarding the process, please contact your hiring agent.

## European Cruise Services Limited

### List of Signatory Countries

Bahamas Maritime Authority (BMA), Standards of Training, Certification and Watchkeeping (STCW), Maritime Labor Convention (MLC) signatory countries approved doctors.

|                            |   |                           |   |                       |
|----------------------------|---|---------------------------|---|-----------------------|
| Algeria                    | Antigua & Barbuda                         | Argentina                 | Australia                                   | Azerbaijan            |
| Bahamas (The)              | Bangladesh                                | Barbados                  | Belgium                                     | Belize                |
| Benin                      | Bosnia and Herzegovina                    | Brazil                    | Brunei Darussalam                           | Bulgaria              |
| Cambodia                   | Canada                                    | Cape Verde                | Chile                                       | China (inc Hong Kong) |
| Colombia                   | Comoros                                   | Cook Islands (The)        | Cote d'Ivoire                               | Croatia               |
| Cuba                       | Cyprus                                    | Czech Republic            | DP Republic of Korea                        | Denmark & Faroe Is    |
| Dominica                   | Ecuador                                   | Egypt                     | Eritrea                                     | Estonia               |
| Ethiopia                   | Fiji                                      | Finland                   | France                                      | Georgia               |
| Germany                    | Ghana                                     | Greece                    | Honduras                                    | Hungary               |
| Iceland                    | India                                     | Indonesia                 | Iran (IRO)                                  | Ireland               |
| Italy                      | Israel                                    | Jamaica                   | Japan                                       | Jordan                |
| Kenya                      | Kiribati                                  | Kuwait                    | Latvia                                      | Lebanon               |
| Liberia                    | Lithuania                                 | Luxembourg                | Libyan Arab Jamahiriya (The)                | Madagascar            |
| Malaysia                   | Malawi                                    | Maldives                  | Malta                                       | Marshall Islands      |
| Mauritania                 | Mauritius                                 | Mexico                    | Micronesia (FSO)                            | Montenegro            |
| Morocco                    | Mozambique                                | Myanmar                   | Netherlands (in Aruba, Curacao, St Maarten) | New Zealand           |
| Nigeria                    | Norway                                    | Oman                      | Pakistan                                    | Palau                 |
| Panama                     | Papua New Guinea                          | Peru                      | Philippines                                 | Poland                |
| Portugal                   | Qatar                                     | Republic of Korea         | Romania                                     | Russian Federation    |
| Saint Kitts and Nevis      | Saint Vincent and the Grenadines          | Samoa                     | Saudi Arabia                                | Senegal               |
| Serbia                     | Singapore                                 | Slovak Republic           | Slovenia                                    | Solomon Islands       |
| South Africa               | Spain                                     | Sri Lanka                 | Sweden                                      | Switzerland           |
| Syrian Arab Republic       | Thailand                                  | Togo                      | Tonga                                       | Trinidad & Tobago     |
| Tunisia                    | Turkey                                    | Tuvalu                    | Ukraine                                     | United Arab Emirates  |
| United Kingdom Inc Bermuda | British Virgin Islands and Cayman Islands | Gibraltar and Isle of Man | United Republic of Tanzania                 | United States         |
| Uruguay                    | Vanuatu                                   | Venezuela (BRO)           | Vietnam                                     |                       |

Crewmember's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Place of Birth \_\_\_\_\_

Crew ID Number \_\_\_\_\_ Position: \_\_\_\_\_ Nationality: \_\_\_\_\_ Sex: Male  Female

Type of Ship: Passenger Trade Area: Worldwide

**SECTION A— SEAMAN'S PERSONAL MEDICAL HISTORY**

**Do you have or have you ever had any of the following conditions?  
Mark each item "YES" or "NO". Every item marked "YES" must be fully explained in "Section C"**

| Condition                                      | Yes | No | Condition  | Yes | No |
|--|-----|----|--|-----|----|
| 1 Frequent Ear Infection?                      |     |    | 43 Nervous Breakdowns?                                     |     |    |
| 2 Hearing Problems?                            |     |    | 44 Depressions and/or Anxiety?                             |     |    |
| 3 Glaucoma?                                    |     |    | 45 Any psychological disorder?                             |     |    |
| 4 Conjunctivitis?                              |     |    | 46 Any Neurological disorder?                              |     |    |
| 5 Do you wear glasses or contact lenses?       |     |    | 47 Any psychiatric illness/disorder?                       |     |    |
| 6 Eye Injury and/or Eye problems?              |     |    | 48 Immunologic or lymphatic illness?                       |     |    |
| 7 Sinus Trouble?                               |     |    | 49 Endocrine Disease or Illness? Including diabetes        |     |    |
| 8 Frequent Nosebleeds?                         |     |    | 50 Arthritis and/or numbness?                              |     |    |
| 9 Frequent Colds?                              |     |    | 51 Blood in Urine?   |     |    |
| 10 Swollen Lymph Nodes?                        |     |    | 52 Kidney Stones and/or Cysts?                             |     |    |
| 11 Asthma and/or Wheezing?                     |     |    | 53 Any type of renal disease?                              |     |    |
| 12 Bronchitis or Tuberculosis?                 |     |    | 54 Any type of gallbladder disease?                        |     |    |
| 13 Pneumonia?                                  |     |    | 55 Gallbladder stones and/or polyps?                       |     |    |
| 14 Coughing up Blood?                          |     |    | 56 Muscular Weaknesses?                                    |     |    |
| 15 Shortness of Breath ?                       |     |    | 57 Malaria or other tropical disease?                      |     |    |
| 16 Rheumatic Fever?                            |     |    | 58 Hepatitis A, B, or C?                                   |     |    |
| 17 High or Low blood pressures?                |     |    | 59 Cancer or tumors or Cysts?                              |     |    |
| 18 Chest Pain and/or Heart Attack?             |     |    | 60 Lupus?  |     |    |
| 19 Irregular heart beat or Poor Circulation?   |     |    | 61 Varicose Veins?   |     |    |
| 20 Stroke and/or Paralysis?                    |     |    | 62 Bone or Joint Pain?                                     |     |    |
| 21 Other heart disease?                        |     |    | 63 Serious Accidents or Illness?                           |     |    |
| 22 Loss of Sensation or Tingling?              |     |    | 64 Thyroid disease or illness?                             |     |    |
| 23 Deformities?                                |     |    | 65 Treated for an autoimmune disease?                      |     |    |
| 24 Abdominal Pains?                            |     |    | 66 Undergoing dental treatment?                            |     |    |
| 25 Gastric or Duodenal Ulcers?                 |     |    | 67 Do you have any illnesses today?                        |     |    |
| 26 Frequent Diarrheas or Constipation?         |     |    | 68 Any type of hernia and/or rupture?                      |     |    |
| 27 Indigestion?                                |     |    | 69 Have you been hospitalized?                             |     |    |
| 28 Bleeding from Stomach or Bowels?            |     |    | 70 Have you received a blood transfusion?                  |     |    |
| 29 Hemorrhoids?                                |     |    | 71 Have you had an operation?                              |     |    |
| 30 Jaundice or Liver Problems/Disease?         |     |    | 72 Have you been repatriated for any reason in the past?   |     |    |
| 31 Urinary Track Infections?                   |     |    | 73 Are you taking any type of medication (incl. vitamins)? |     |    |
| 32 Prostate disease- (Males only)?             |     |    | 74 Are you undergoing any type of medical treatment?       |     |    |
| 33 Sexually Transmitted Diseases?              |     |    | 75 Have you been certified unfit for duty?                 |     |    |
| 34 Breast Mass and/or Breast Tenderness?       |     |    | 76 Do you drink alcoholic beverages? If yes, how much?     |     |    |
| 35 Skin diseases? (e.g. dermatitis or eczema)? |     |    | 77 Do you Smoke? If yes, then how much per day?            |     |    |
| 36 Any type of Allergies?                      |     |    | 78 Have you ever had an MRI?                               |     |    |
| 37 Any type of joint pain?                     |     |    | 79 Have you ever had a CT Scan?                            |     |    |
| 38 Any Sprains and/or Bone Fractures?          |     |    | <b>FEMALE CREWMEMBERS ONLY</b>                             |     |    |
| 39 Any type of Back Pain?                      |     |    | 1 Have you had a pregnancy?                                |     |    |
| 40 Frequent Headaches?                         |     |    | 2 Are you or do you think you are pregnant?                |     |    |
| 41 Loss of Consciousness?                      |     |    | 3 What was the date of your last menstrual period?         |     |    |
| 42 Seizures and/or Epilepsy?                   |     |    | 4 Have you ever had lumps, cysts or tumor in your breast?  |     |    |

**CAUTION: Failure to bring the original PEME with all laboratory and other reports may cause you to be denied boarding. Misrepresentations, false and/or erroneous information on this PEME application may result in the loss of benefits and termination of employment.**



## AUTHORIZATION FOR THE RELEASE OF MEDICAL RECORDS & INFORMATION

---

Re: Crewmember/Patient: \_\_\_\_\_

Nationality: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

### TO WHOM IT MAY CONCERN

This document authorizes all physicians, hospitals and all other medical attendants to furnish to my employer, the shipowner, its agents, the vessel, and/or affiliates a complete genuine copy of my medical records, bills and reports and any other medical information related to my treatment(s). I hereby appoint my employer, its affiliates, its agents, the shipowner and the medical personnel aboard my disembarking vessel to act as my representative in requesting all medical records and information, including but not limited to verbal conversations with any medical and/or health care provider.

ANY AND ALL records, including, but not limited to: applications for medical insurance, policies of medical insurance, statements of medical insurance benefits, all medical records, consultation records, diagnostic records, examination records, treatment records, physician notes, nurse notes, office memoranda, charts, all correspondence including emails, CT Scan films, records and reports, diagnostic test records and reports, EEG records and reports, EKG records and reports, lab records and reports, MRI films, records and reports, X-ray films, records and reports, and any and all bills, invoices, statements, or other documentation on amounts owed or paid (regardless of the source of payment) relating to the consultation, diagnosis, examination, and/or treatment of **the above-referenced crewmember.**

I am signing my name above the words "AUTHORIZATION FOR RELEASE OF MEDICAL RECORDS & INFORMATION" which is printed below and which is adopted by me as my own, to show that I mean everything that is said on this document.

By: \_\_\_\_\_ (sign) Date: \_\_\_\_\_  
Crewmember's Signature

**"AUTHORIZATION FOR RELEASE OF MEDICAL RECORDS & INFORMATION"**

## MEDICAL CERTIFICATE

To be completed by physician only

Crewmember's Name : \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Examination Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Place of Birth: \_\_\_\_\_ Sex: Male  Female

Nationality: \_\_\_\_\_ Type of Ship: Passenger Trade Area: Worldwide

### VITALS

|       |        |       |     |         |         |
|-------|--------|-------|-----|---------|---------|
| Temp: | Pulse: | Resp: | B/P | Height: | Weight: |
|-------|--------|-------|-----|---------|---------|

### HEARING EXAM

|   |     |                                   |      |   |      |   |      |
|---|-----|-----------------------------------|------|---|------|---|------|
| R= WNL <input type="checkbox"/> or <input type="text"/> |     | Field Vision <input type="text"/> |      | WNL <input type="checkbox"/> or Other <input type="text"/>  |      | WNL <input type="checkbox"/> or Other <input type="text"/>      |      |
| L= WNL <input type="checkbox"/> or <input type="text"/> |     |                                   |      | See Summary of Required Exams for details.<br>X-ray report with clinical finding must be attached to this form. |      | EKG report with clinical finding must be attached to this form. |      |
| HZ  | 500 | 1000                              | 2000 | 3000  | 4000 | 6000  | 8000 |
| Right Ear   |     |                                   |      |   |      |   |      |
| Left Ear  |     |                                   |      |   |      |   |      |

Any subjective signs of impaired hearing or dizziness? \_\_\_ Yes or \_\_\_ No. General Information concerning use of hearing protection provided? \_\_\_ Yes or \_\_\_ No

### VISION EXAM

### CHEST X-RAY

### ELECTROCARDIOGRAM (EKG)

**VACCINATIONS**— you must attached copy vaccination booklet to this form in addition to completing the below.

### PHYSICAL EXAMINATION

| HEENT   | Normal | Abnormal | THORAX         | Normal | Abnormal | ABDOMEN     | Normal | Abnormal | RECTAL      | Normal | Abnormal |
|---------|--------|----------|----------------|--------|----------|-------------|--------|----------|-------------|--------|----------|
| Mouth   |        |          | Percussion     |        |          | Shape       |        |          | Hemorrhoids |        |          |
| Tonsils |        |          | Auscultation   |        |          | Tenderness  |        |          | Prostate    |        |          |
| Pharynx |        |          | EXTREMITIES    | Normal | Abnormal | Masses      |        |          | Fistula     |        |          |
| Ears    |        |          | Varicose Veins |        |          | Scars       |        |          | PELVIC      | Normal | Abnormal |
| Eyes    |        |          | Edema          |        |          | Hernias     |        |          | NEURO       |        |          |
| NECK    | Normal | Abnormal | Discoloration  |        |          | Circumcised |        |          | Motor       |        |          |
| Nodes   |        |          | Deformities    |        |          | Testicles   |        |          | Sensory     |        |          |
| Motion  |        |          | Breast         |        |          | HEART       | Normal | Abnormal | Reflexes    |        |          |
| Thyroid |        |          | Scars          |        |          | Rhythm      |        |          | EMOTIONAL   | Normal | Abnormal |
|         |        |          |                |        |          | Murmurs     |        |          | STATUS      |        |          |

### RANGE OF MOTION TESTS

| CERVICAL    | Normal | Abnormal | SHOULDER      | Normal | Abnormal | WRIST        | Normal | Abnormal | LUMBAR      | Normal | Abnormal |
|-------------|--------|----------|---------------|--------|----------|--------------|--------|----------|-------------|--------|----------|
| Fwd. Flex   |        |          | Fwd elev.     |        |          | Pronation    |        |          | Fwd Flex    |        |          |
| Extension   |        |          | Bwrd Elev.    |        |          | Supination   |        |          | Extension   |        |          |
| Lat. Flex   |        |          | Abduction     |        |          | Dorsiflexion |        |          | Lat. Flex   |        |          |
| Rotation    |        |          | Adduction     |        |          | Abduct       |        |          | Rotation    |        |          |
| ELBOW       | Normal | Abnormal | Int. Rotation |        |          | Adduct       |        |          | SLR-        |        |          |
| Retain Flex |        |          | Ext. Rot.     |        |          | Planer Flex  |        |          | Sitting     |        |          |
| Extension   |        |          | KNEE          | Normal | Abnormal | ANKLES       | Normal | Abnormal | SLR--       |        |          |
| Pronation   |        |          | Retain Flex   |        |          | Dorsal Flex  |        |          | Supine      |        |          |
| Supination  |        |          | Extension     |        |          | Plantar Flex |        |          | FEET        | Normal | Abnormal |
| FINGERS     | Normal | Abnormal |               |        |          | Inversion    |        |          | Inspection  |        |          |
| Flexion     |        |          |               |        |          | Eversion     |        |          | Arch Status |        |          |
| Extension   |        |          |               |        |          |              |        |          | Flat        |        |          |

Fit for work: (the crewmember is not believed to be suffering from any sickness or physical or mental ailment making him unfit for service or which may endanger the health of the other persons onboard.)

Unfit to work (Reason : \_\_\_\_\_)  Fit after defect corrected (Describe in separate document)

Physician Name: \_\_\_\_\_ Address: \_\_\_\_\_ Country: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Telephone Number: \_\_\_\_\_ Email: \_\_\_\_\_

### PEME CERTIFICATE VALIDITY DATES

Pre-Employment Medical Examination certificate is valid for a maximum period of 2-years from the date noted on this Medical Certificate. This validity period may be reduced if there any health concerns or the Seafarer has been out of the Company's employment for 4 months (120-days) or greater time. The Company will not accept incomplete Medical Certificate or certificates that do not have a date. For more details, you can ask your hiring agent access so you can read the full PEME Certificate Validity Policy.

**European Cruise Services Limited**  
**PRE-EMPLOYMENT MEDICAL EXAMINATION-- FORM "E"**  
**To be completed by physician only**

**Vaccine Administration Record**

Patient's Name \_\_\_\_\_  
 Patient's Date of Birth \_\_\_\_\_  
 Patient's Nationality \_\_\_\_\_

This is a vaccination record card only. This document should be use to only record the vacciations that the patient has been administered.  
 This document IS NOT AN INSTRUCTION TO VACCINATE but to record. The only required vaccinations are: YELLOW FEVER, TETANUS AND MMR.

| Vaccine  | Type of Vaccine 1 | Date given (mo/day/yr) | Funding source (F,S,P)2 | 3 & Site: | Vaccine |      | Vaccine Information |             | Vaccinator (signature or initials & title) |
|--|-------------------|------------------------|-------------------------|-----------|---------|------|---------------------|-------------|--|
|  |                   |                        |                         |           | Lot #   | Mfr. | Date on VIS4        | Date given4 |  |
| Tetanus, Diphtheria, Pertussis (e.g., Td, Tdap) Give IM.3  |                   |                        |                         |           |         |      |                     |             |  |
| Hepatitis A6, (e.g., HepA, HepA-HepB) Give IM.3  |                   |                        |                         |           |         |      |                     |             |  |
| Hepatitis B6, (e.g., HepB, HepA-HepB) Give IM.3  |                   |                        |                         |           |         |      |                     |             |  |
| Human papillomavirus, (HPV2, HPV4) Give IM.3   |                   |                        |                         |           |         |      |                     |             |  |
| Measles, Mumps, Rubella (MMR) Give SC.3  |                   |                        |                         |           |         |      |                     |             |  |
| Varicella (VAR) Give SC.3  |                   |                        |                         |           |         |      |                     |             |  |
| Pneumococcal, (e.g., PCV13, conjugate;   |                   |                        |                         |           |         |      |                     |             |  |
| Meningococcal, (e.g., MenACWY, conjugate; MPSV4, polysaccharide) Give MenACWY IM.3 Give MPSV4 SC.3   |                   |                        |                         |           |         |      |                     |             |  |
| Influenza, (e.g., IIV3, trivalent inactivated; IIV4, quadrivalent inactivated; RIV, recombinant inactivated; LAIV4, quadrivalent live attenuated) Give IIV and RIV IM.3 Give LAIV IN.3 |                   |                        |                         |           |         |      |                     |             |  |
| Hib Give IM.3  |                   |                        |                         |           |         |      |                     |             |  |
| Zoster (Zos) Give SC.3   |                   |                        |                         |           |         |      |                     |             |  |
| Yellow Fever   |                   |                        |                         |           |         |      |                     |             |  |
| Other  |                   |                        |                         |           |         |      |                     |             |  |

**How to Complete This Record**

1. Ask the Patient about his vaccination history so you may complete the form. You should document all of the patient's vaccination on this form if the information is available. If the information is not available, then leave it blank. You ARE REQUIRE TO DOCUMENT THE YELLOW FEVER, TETANUS AND MMR VACCINATION
2. Record the generic abbreviation (e.g., Tdap) or the trade name for each vaccine .
3. Record the funding source of the vaccine given as either F (federal), S (state), or P (private).
4. Record the route by which the vaccine was given as either intramuscular (IM), subcutaneous (SC), intradermal (ID), intranasal (IN), or oral (PO) and also the site where it was administered as either RA (right arm), LA (left arm), RT (right thigh), or LT (left thigh).
5. Record the publication date of each VIS as well as the date the VIS is given to the patient.
6. To meet the space constraints of this form and federal requirements for documentation, a healthcare setting may want to keep a reference list of vaccinators that includes their initials and titles.
7. For combination vaccines, fill in a row for each antigen in the combination.

| Abbreviation  | Trade Name and Manufacturer                               |
|---------------|---|
| Tdap          | Adacel (sanofi pasteur); Boostrix (GlaxoSmithKline [GSK]) |
| Td            | Decavac (sanofi pasteur); generic Td (MA Biological Labs) |
| HepA          | Havrix (GSK); Vaqta (Merck)                               |
| HepB          | Engerix-B (GSK); Recombivax HB (Merck)                    |
| HepA-HepB     | Twinrix (GSK)   |
| HPV2          | Cervarix (GSK)  |
| HPV4          | Gardasil (Merck)  |
| MMR           | MMRii (Merck)   |
| VAR           | Varivax (Merck)   |
| PCV13, PPSV23 | Pneumovax 13 (Pfizer); Pneumovax 23 (Merck)               |
| MenACWY       | Menaactra (sanofi pasteur); Menveo (Novartis)             |
| MPSV4         | Menomune (sanofi pasteur)                                 |

| Abbreviation   | Trade Name and Manufacturer  |
|--|--|
| LAIV (Live attenuated influenza vaccine)                                 | FluMist (MedImmune)  |
| IIV (Inactivated influenza vaccine), RIV (recombinant influenza vaccine) | Afluria (CSL Biotherapies); Agriflu (Novartis); Flusrix (GSK); Flublok (Protein Sciences Corp.); Flucelvax (Novartis); FluLaval (GSK); Fluvirin (Novartis); Fluzone, Fluzone Intradermal, Fluzone High-Dose (sanofi pasteur) |
| Hib  | ActHIB (sanofi pasteur); Hiberix (GSK); PedvaxHib (Merck)  |
| ZOS (shingles)   | Zostavax (Merck)   |



**European Cruise Services Limited**  
**PRE-EMPLOYMENT MEDICAL EXAMINATION-- FORM "F"**  
*To be completed by physician only*

| <b>Standard 5-Panel Drug Test</b>   |   |   |   |
|---|---|---|---|
| <b>Drug Group</b>   | <b>EIA Screen Cutoff<br/>Level*</b><br><b>(ng/mL**)</b> | <b>GC/MS Confirmation</b><br><br><b>(ng/mL**)</b> | <b>Results</b><br><br><b>Positive or Negative</b> |
| Amphetamines<br>(amphetamine and<br>methamphetamine)  | 1,000   | 500   |   |
| Cocaine metabolite  | 300   | 150   |   |
| Marijuana metabolites   | 50  | 15  |   |
| Opiates<br>(codeine and morphine)   | 2,000   | 2,000   |   |
| Phencyclidine   | 25  | 25  |   |
| <p>* These are standard cutoff levels; alternate cutoff levels may be available.<br/> ** Nanograms per milliliter; the above cutoff levels, list of analytes and test methodologies are subject to change when required by applicable government regulations or guidelines.</p> |   |   |   |

Crewmember's Name \_\_\_\_\_  
Crewmember's ID No.: \_\_\_\_\_  
Crewmember's Nationality: \_\_\_\_\_  
Crewmember's Place of Birth: \_\_\_\_\_  
Date of Medical Certificate issued \_\_\_\_\_

Name of Medical Practitioner issuing the Medical Certificate

\_\_\_\_\_

and the name Physician certifies to the best of his knowledge after examining the patient and reviewing the laboratory tests that he is satisfied the name crewmember is free of disease, defect or condition which precludes or is likely to lead to problems during a voyage .



**European Cruise Services Limited**  
**PRE-EMPLOYMENT MEDICAL EXAMINATION-- FORM "G"**

**SUMMARY OF ALL REQUIRED EXAMS**

**YOU MUST ATTACH THE ACTUAL LABORATORY TESTS' REPORTS TO THIS SUMMARY**

To be completed by physician only

| BLOOD CHEMISTRY                          | Normal | Abnormal |
|--|--------|----------|
| Glucose                                  |        |          |
| Blood Urea Nitrogen (BUN)                |        |          |
| Creatinine                               |        |          |
| Total Bilirubin                          |        |          |
| Alanine aminotransferase (ALT) or SGPT   |        |          |
| aspartate aminotransferase (AST) or SGOT |        |          |
| Total Cholesterol                        |        |          |
| Triglyceride                             |        |          |
| Uric Acid                                |        |          |

| CHEST X-RAY   |          |          |
|---|----------|----------|
| Circle the test result. If patient has any indication of TB, enlarge heart, Atherosclerotic Aorta, and/or vascular disease, then Patient shall be declared unfit. |          |          |
| Bony Cage   | Negative | Positive |
| Heart   | Negative | Positive |
| Lungs   | Negative | Positive |
| Diaphragms  | Negative | Positive |

| COMPLETE BLOOD COUNT (CBC)        | Normal | Abnormal |
|-----------------------------------|--------|----------|
| Leucocytes (WBC)                  |        |          |
| Erythrocytes (RBC)                |        |          |
| Hemoglobin                        |        |          |
| Hematocrit                        |        |          |
| Mean Corpuscular Volume (MCV)     |        |          |
| Mean Corpuscular Hemoglobin (MCH) |        |          |
| neutrophils                       |        |          |
| lymphocytes                       |        |          |
| monocytes,                        |        |          |
| eosinophils,                      |        |          |
| basophils                         |        |          |
| platelet count                    |        |          |

| ULTRASOUND  |        |          |
|---|--------|----------|
| Circle the test result. If patient has kidney and/or gallbladder disease, then Patient shall be declared unfit. |        |          |
| Abdominal   | Normal | Abnormal |

| STOOL TESTS  |          |          |
|--|----------|----------|
| Circle the test result. If result is positive, then Patient shall be declared unfit. |          |          |
| Parasites  | Negative | Positive |
| Culture  | Negative | Positive |

| URINANALYSIS       | Normal | Abnormal |
|--------------------|--------|----------|
| Color              |        |          |
| Appearance         |        |          |
| PH                 |        |          |
| Nitrites           |        |          |
| Glucose            |        |          |
| Ketones            |        |          |
| Protein            |        |          |
| Urobilin           |        |          |
| Leucocytes (WBC)   |        |          |
| Erythrocytes (RBC) |        |          |
| Epithelial Cells   |        |          |
| Crystals           |        |          |
| Bacteria           |        |          |

| FEMALE CREWMEMBERS ONLY   |          |          |
|---|----------|----------|
| Circle the test result. If result is positive, then Patient shall be declared unfit.                      |          |          |
| Pregnancy   | Negative | Positive |
| Circle the test result. If PAP Smear result is class III or greater, then Patient shall be declared unfit |          |          |
| PAP Smear   | Class I  | Class II |

| HEPATITIS PROFILE  |          |          |
|--|----------|----------|
| Circle the test result. If result is positive, then Patient shall be declared unfit. |          |          |
| Hepatitis A (IgM)  | Negative | Positive |
| Hepatitis B Surface Antigen  | Negative | Positive |
| Anti-hepatitis C (RIBA)  | Negative | Positive |

| OTHER TESTS  |          |          |
|--|----------|----------|
| Circle the test result. If result is positive, then Patient shall be declared unfit. |          |          |
| HIV  | Negative | Positive |
| VDRL OR RPR (Syphilis)   | Negative | Positive |

| ELECTROCARDIOGRAM (EKG)   |        |          |
|---|--------|----------|
| This test shall be done to all crew age 40 or greater or crew with a history of cardiac problems including hypertension. Please circle the test result. If patient has a history of MI, then Patient shall be declared unfit. |        |          |
| EKG   | Normal | Abnormal |

| PROSTATE SPECIFIC ANTIGEN (PSA)   |        |          |
|---|--------|----------|
| This test shall be done to all crew age 50 or greater or crew with a history of prostate problems. Please circle the test result. PSA level 4 ng/mL or under is consider "normal." PSA level higher than 4 ng/mL, then the Patient shall be declared unfit. |        |          |
| PSA   | Normal | Abnormal |

Crewmember's Name \_\_\_\_\_  
 Crewmember's ID No.: \_\_\_\_\_  
 Crewmember's Nationality: \_\_\_\_\_  
 Crewmember's Place of Birth: \_\_\_\_\_  
 Date of Medical Certificate issued \_\_\_\_\_

Name of Medical Practitioner issuing the Medical Certificate \_\_\_\_\_

and the name Physician certifies to the best of his knowledge after examining the patient and reviewing the laboratory tests that he is satisfied the name crewmember is free of disease, defect or condition which precludes or is likely to lead to problems during a voyage .