

Your need-to-know guide

Everything you need-to-know to successfully set sail aboard:





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Table of Contents

JOINING THOMSON CRUISES	.1
Guiding You through Your First Assignment	. 2
EMPLOYMENT TERMS	.2
Employment Agreement	. 2
Probationary Period	. 2
Performanæ Review	. 2
GETTING READY TO SET SAIL	.2
Ship Assignment	. 2
DOCUMENTS	.3
Letter of Employment	. 3
Passport	. 3
Seaman's Book	. 3
VISAS	. 3
Visa Processing Time	. 3
C1/D Visas (U.S. Crewman Transit Visa)	. 3
Other Visas	. 3
Photographs	. 4
Pre-Employment Medical Examination	.4
Pre-Existing Medical Conditions	.4
Vaccination Certificate	.4
ARRIVING AT YOUR DESTINATION	.4
Immigration and Customs	.4
GETTING TO THE SHIP	.5
What to Pack	. 5
Excess Luggage	. 5
BOARDING THE SHIP	.6
The Sign-on Process	. 6
Crew Identification Card	. 6
The "Buddy" System	. 6
Training	.6
ABOUT YOUR JOB	.7
Working Hours and Schedules	. 7
Job Responsibilities and Job Descriptions	. 7
Official Language Spoken On Board	. 7
PROFESSIONAL CERTIFICATES/LICENSES	.7

AIRLINE TICKETS AND JOINING COSTS8
MONEY MATTERS
Onboard Charges Deposit
Travel Cash and Credit Cards
Getting Paid on Board and Remitting Money
Keeping Cash on Board
Safety Deposit Boxes
LIFE ON BOARD9
Crew Areas
Cabin Space
Toilets
Cabin Inspections
Meals10
Crew Gymnasium
Crew Bar/Lounge
Shops
Elevators11
Laundry11
Port Manning Duty11
Shore Leave11
Going Ashore by Tender11
MEDICAL11
Well-Being
Medical Center
Reporting of Medical Illness11
Acute Gastroenteritis (AGE)
Medical Care
Health and Hygiene12
Treatment Ashore
Contraceptives
Maternity Policy
Dental Care
Optical Treatment
Insurance
PERSONAL APPEARANCE AND GROOMING STANDARDS13
Male and Female

Body Alterations	13
Eye Wear	
Male	
Hair	
Face	
Jewelry	
Makeup	
Fingernails	
Female	15
Hair	15
Makeup	15
Jewelry	15
Fingernails	15
Personal Hygiene	15
Hand Washing	16
UNIFORMS	16
Back Support Belts	16
Pantyhose	16
Socks & Belts	17
Name Badges	17
Shoes	17
KEEPING IN TOUCH	
Mail	18
Internet Cafe	18
Phone Calls	18
Emergency Contact Information for Relatives of Crew Members	18
SHIPBOARD STRUCTURE	
Hotel Department	19
Crew Category	19
SAFETY AND SECURITY POLICIES	19
Drills and Training	19
E-STOP (Electronic-Safety-Training-Observation-Prevention)	19
Near Miss	20
Health, Safety and Environmental (HSE) Committee Meeting	20
Safe Working Practices	20
Code of Conduct	20

Secondary Business	20
Gambling	20
DRUGS AND ALCOHOL	21
Drugs	21
Prescription Drugs	21
Alcohol	21
Smoking	21
PROHIBITED ITEMS	22
HARASSMENT	22
ON BOARD COMPLAINTS PROCEDURE	22
Before You Leave Checklist	24

JOINING THOMSON CRUISES

Welcome Aboard!

We would like to take this opportunity to personally thank you for choosing to be a part of our friendly team at Thomson Cruises.

With crew members joining from all over the world, our team is thought of as one big family. We want you to feel at home and will guide you during your first few weeks on board; in your new job and new life. We are committed to providing you with quality training and direction so you can perform your role with Thomson Cruises to the best of your ability.

You will play an important role in our team by providing our guests outstanding services with attention to detail; going the extra mile and providing them with an unforgettable cruise experience.

While on board you will need to follow our company guidelines, which promulgate our standards, values and beliefs and are used to maintain the high standards of Thomson Cruises.

This handbook has been designed to provide you with general information to help you work and live onboard. It will be your guide throughout your first contract with Britannia Ship Services Limited. It contains specific company policies and procedures established to help you maintain a safe, efficient and positive work environment.

We look forward to working with you and wish you a successful and happy first contract. You are our greatest strength and we hope that you will grow along with the company and you will sail with us for many years to come. Welcome to the team!

Sincerely,

Your Shipboard Human Resources Team Britannia Ship Services (2014) Limited

Guiding You through Your First Assignment

This guide has been designed to assist you with your preparation for your first assignment aboard one of the ships of Thomson Cruises. It will help you understand your new surroundings and responsibilities on board.

Please read this handbook carefully and contact the Shipboard Human Resources team or our Crewing Agency if you have any questions or are unsure about any of the policies or procedures outlined in this guide. The Shipboard Human Resources department and your Crewing Agency are here to help you!

From time to time, Britannia Ship Service Limited (BSSL) and Thomson Cruises issue new or revised policies that may affect your employment on board. The company makes every effort to update this guide on a regular basis to ensure the information is correct.

All company policies are available on board.

EMPLOYMENT TERMS

Employment Agreement

Your employment agreement with Britannia Ship Services Limited is the most important document provided to you for your review. It is a legal document and outlines the exact terms and conditions of your employment including your salary, contract length and benefits. **Please carefully read this document before you sign it.**



You must ensure to carry two (2) signed copies of your employment agreement with you to the ship.

Your employment agreement terms and conditions are governed by a Collective Bargaining Agreement (CBA) that was entered into effect between Britannia Ship Services Limited (BSSL) and the International Transport Worker's Federation (ITF). This agreement is available for your review at your Crewing Agency and onboard the ship.

Probationary Period

Your first three (3) months as an employee of Britannia Ship Services Limited (BSSL) are considered your Probationary Period. This means that at any time during the three (3) months, the company (BSSL) has the right to terminate the employment agreement with or without cause by providing seven (7) days of notice. You also have the right to resign from your position within the Probationary Period by giving the company seven (7) days' notice of resignation. Please note that you will be responsible for the full cost of returning to your country of origin or place of hire, including but not limited to, the costs of airfare, ground transportation, safe guard and Visas.

Performance Review

During your first contract your supervisor will give you a 30-day performance review. This review will provide you with feedback on how you are performing your job duties. If you do not receive a performance review after 30 and 90 days, please ask your Supervisor for one.

GETTING READY TO SET SAIL

Ship Assignment

By the time you have read this guide, you should have received your embarkation date; now you need to get organized to be able to join the ship fully prepared.

DOCUMENTS

Letter of Employment

Before you depart the vessel to go on leave from your current contract, the vessel will provide you a Letter of Employment (LOE); this is your return date and the vessel assignment. If you are at home and did not receive an LOE, you have to contact your Crewing Agency in order to obtain an LOE. The LOE is a very important document and must be kept secure at all times prior to your embarkation date. You might need to present your LOE before boarding your flight and/or possibly during immigration clearance at your final destination.

Passport



Your passport must be **valid for at least one (1) year**. Please check your passport's expiration date.

If it expires in less than 12 months from your joining date, please make sure to renew it before joining the ship. You could be denied entry into certain countries if your passport is valid for less than 12 months.

Seaman's Book

You must hold a Seaman's Book that was issued either by the country of your citizenship or by the Flag State of your assigned vessel, in this case, by Transport Malta. The Seaman's Book must be valid for at least 12 months from the date you join the ship. Please renew it if it expires in less than 12 months. Your recruitment agency will help you obtain the right Seaman's Book. The cost of the Seaman's Book is your responsibility. If the company obtains a Seaman's Book on your behalf, you will be charged for it once you are on board the ship.

VISAS

Visa Processing Time

It can take several weeks to process your Visa! Usually, you need to make an appointment at a U.S. Embassy or Consulate General to be able to obtain the required Visas. Please check with your recruitment agency on how long it normally takes to obtain a visa and have them help you with making an appointment. Failure to get a Visa in time will disqualify you from working for Britannia Ship Services Limited.

C1/D Visas (U.S. Crewman Transit Visa)

Unless you are a citizen or permanent resident of the United States of America or Canada, you may be required to obtain a valid C1/D (non-immigrant transit Visa) in your passport. If you already hold a C1/D Visa, check the expiry date of the Visa as it has to be valid for the entire length of your upcoming contract.

If you do not hold a C1/D Visa, please contact your recruitment agency to see whether you require a C1/D Visa. If you require a C1/D Visa, your recruitment agency will assist you with the Visa application and securing an appointment at a U.S. Embassy or Consulate General. You may be asked to pay for your Visa up front; only the cost of the Visa will be reimbursed to you by the company when you join your assigned vessel. You will not be reimbursed for any expenses such as : administrative fees from a Visa processing company, postage and/or travel related costs to attend a Visa interview or for picking-up the Visa.

Other Visas

In addition to the C1/D Visa, you may need a SCHENGEN Visa when you are joining a ship in a European country. Your recruitment agency will inform you which Visas you need and may help you with the application process. As with the C1/D Visa, the company will reimburse the actual cost of the Visa only.

Photographs

You should bring at least two (2) recent passport-size photographs of yourself.

Pre-Employment Medical Examination

You are required, by company policy, to undergo and pass a Pre-Employment Medical Examination (PEME). Depending on the position you have been hired for, the company may pay part of the cost of the medical examination. It is your responsibility to ensure that you complete the medical examination in a timely manner so that the test results can be sent to the medical department of Britannia Ship Services Limited for review and approval no later than 21 days prior to your scheduled travel date. The medical department will review the laboratory test results and may require additional tests if the originals show undesirable results. Britannia Ship Services Limited relies on the medical test results to determine whether you are eligible for employment. Falsification of these records is grounds for termination and possible denial of medical services on company's expense.

You must sign an Authorization and Release of any medical information concerning your past, present or future medical conditions by any practitioner or hospital to Britannia Ship Services Limited and its recognized representatives.

Should you fail your medical examination for any reason; any employment offer that was extended to you by BSSL will become invalid.



You must bring the original physical examination papers and all laboratory test results with you onboard the ship. Failure to provide the original medical documentation at the time you sign on a ship may result in denied boarding and forced return to your country of origin- at your own expense.

Please travel with the above mentioned and important documents in your hand luggage and not in your checked baggage.

Pre-Existing Medical Conditions

If you are hired with a pre-existing medical condition, it is your responsibility to control and manage that condition and provide your own medication in order to eliminate the need for further medical attention while on board. Failure to bring enough medication for your contract or exercise care and responsibility to control your pre-existing condition may result in termination of employment and/or denial of medical benefits due to the intended lack of prevention and/or management of your preexisting condition.

Pre-existing medical conditions must be disclosed on your Pre-Employment Medical. If you have not been truthful and a pre-existing condition is discovered once you are on board, this is reason for immediate dismissal. You will be returned home at your own expense.

Vaccination Certificate

Yellow Fever, Tetanus vaccination and MMR vaccinations are required for crewmembers working aboard a ship of Thomson Cruises. Please ensure that you carry your International Vaccination Certificate with you.

ARRIVING AT YOUR DESTINATION

Immigration and Customs

When you arrive at the airport of your final destination, please present the Immigration Officer with your valid Letter of Employment (LOE), your Passport and Seaman's Book. After immigration clearance, you will proceed through Customs. Your baggage and personal belongings are subject to inspection by local Customs Agents.



Please remember that penalties for carrying illegal items or substances vary from country to country and range from heavy fines to arrest and long jail sentences. In some countries the possession of illegal drugs may result in the death penalty.

GETTING TO THE SHIP

After clearing Customs and Immigration at the airport of your final destination, you will be met by a representative of BSSL that is usually the appointed local port agent. Please ensure your recruitment agency provides you with a copy of the port agent contact information. Agents are usually visible at the airport exit holding a sign with your name and/or the name of the ship or company. The agent is responsible for transferring you to the ship or to a hotel if an overnight hotel stay is required.

What to Pack

Pack lightly! Some airlines have restrictive luggage policies and excess baggage can end up being very expensive. In addition, cabin space on board the ship is limited and you may not be able to store your suitcases in your cabin. Avoid bringing large suitcases and try to carry only essentials with you. Toiletries and other personal care items are available for purchase on board or in most ports. You should bring enough basic items to get you through your first three weeks onboard.

Some things you may want to bring:

Clothing	Toiletries	Other Items
Socks	Deodorant	Alarm Clock
Underwear	Brush/Comb	Razors
Sleepwear	Toothbrush/Tooth paste	Contact lenses/Solution
Blue jeans or long pants (2 pairs)	Mouthwash	Camera
Sweater	Shampoo	iPod/Laptop
Shorts & t-shirts	Shaving cream	Hairdryer
Dressy outfit	Cologne/Perfume	Cosmetics
Sneakers	Feminine hygiene products	*Prescriptions
Jacket/Windbreaker (for bad weather)		*Medications



*Prescriptions and Medications – In the event you have to take prescription medications while onboard, including oral contraceptives, please ensure to bring enough to cover the entire length of your contract. All prescription medications must be registered with the onboard Physician. After boarding, please see the ship's Physician as soon as possible if you have to register any prescriptions/medications.



Do not pack valuables or important documents such as your sign-on documents in your checked luggage. If your luggage is lost on your flight from your home to the ship and you do not have your sign-on documentation, you may be denied boarding and sent home at your own expense. Britannia Ship Services Limited and Thomson Cruises are not responsible for luggage

lost while on your way to the ship.

Excess Luggage

Some airlines permit 40 kilograms of luggage when traveling on a marine fare ticket. However, there may be times when the allowance is reduced to 20 kilograms. We highly recommend you check with your airline carrier before flying.



It is your responsibility to be familiar with the luggage allowance of the airline. Excess luggage charges when joining the ship are at your own expense. You will not be reimbursed.

Luggage charges can be very expensive, sometimes exceeding the cost of the flight ticket. When you travel from the ship to your place of residence after a successfully completed contract, the company must provide you with a minimum of 30 kilograms of luggage allowance. This allowance may be covered by the marine fare ticket. If it is not, the company will reimburse you for the cost of the difference between the airline luggage allowance and the mandated crew luggage entitlement of 30 kilograms. Any costs for excess luggage beyond 30 kilograms are your own responsibility.

BOARDING THE SHIP

The Sign-on Process

When you get to the ship you are going to be met by the Crew Purser and the Crew Manager. The Crew Purser will collect the below documents and may ask you to complete some other sign-on forms. Please ensure you have the following ready to present on board:

- Your signed Seafarer Employment Agreement (SEA)
- Letter of Employment (LOE)
- Passport and required Visas
- Seaman's Book
- Medical Certificates and Yellow Fever and Tetanus Vaccination Card
- STCW Certificates (please refer to the section 'Professional Certificates and Licenses')

Once the sign-on process is completed, you will be issued your Crew Identification Card and receive a cabin assignment.

Crew Identification Card

All crew receive an ID card upon arrival with their picture. This card serves as both: ID and card to purchase items on board. The card is very sensitive and it must be handled it with care and not placed it near magnets. There might be a fee for lost or intentionally damaged cards!

The "Buddy" System

As a new team member you will be assigned a "Buddy". This person is usually an employee who has already been with the company for some time and holds the same job as you. Your "Buddy" will give you a job orientation and answer all of your questions about the daily routines of your job. This person is there to help you. Do not be afraid to ask if you do not know something. Everyone was new once!

Training

In order to keep all crew members up-to-date and ready to react correctly to any kind of emergency, weekly drills and training units are carried out. Crew drills of any kind are compulsory for everybody. They may be exempted by their respective supervisor only and must be approved by the Safety Officer. Date, location and the topic of the respective training unit can be found in the Weekly Safety Training Schedule displayed on the notice board in the crew area. Crewmembers have also the obligation to carry out Computer Based Training (CBT) on the designated training computer.

On the first day you board your assigned ship, you will complete a mandatory safety orientation and training class before the departure of the vessel. In addition, you will be asked to attend daily training sessions for the first 7 to 14 days, depending on your position. These sessions range from safety instructions to technical skill training. Most of these training classes are outside of your regular working hours and are mandatory. You are be provided with additional information regarding training when you get on board and receive the Crew Safety Booklet.



All training classes are mandatory. Showing up late or not at all is not an option and may lead to disciplinary action.

ABOUT YOUR JOB

Working Hours and Schedules

You can expect to work a minimum of 10 hours per day, seven (7) days per week. The 10 hours may be divided into split shifts of varying lengths. You are entitled to have no less than 10 hours of rest within a 24-hour period. The 10-hour rest period may also be split up into two (2) periods, of which one (1) must be at least six (6) hours in length.

Job Responsibilities and Job Descriptions

Please ensure the recruitment agency provides you with your job description. It contains specific information about the duties and responsibilities of your position. Your immediate Supervisor onboard will explain your duties and answer any questions that you may have your first few days on board.

Official Language Spoken On Board

The official language on board is English. When communicating with fellow crewmembers in passenger areas, only English has to be spoken. Any work related communication has to be carried out in English, including: written communication, entries into any kind of record books or checklists and any notices concerning passengers and crew.

PROFESSIONAL CERTIFICATES/LICENSES

It is very important that you carry the originals of all of your professional certificates and licenses with you when you join your assigned vessel. Failure to have these certificates may make you ineligible for employment on board and you may be returned to your country of origin at your own expense. **Always carry your original certificates in your hand luggage.**

Required STCW Certificates

As a member of a shipboard crew, you will have to obtain certain certificates that relate to the safety and security aboard cruise ships. These certificates are not specific to Britannia Ship Services Limited or Thomson Cruises; they are mandated by the International Maritime Organization (IMO).

You will have to be in possession of the following certificates before you can join the ship:

1.	Elementary First Aid A-VI/1-3	Basic Safety Training (BST)
2.	Fire Prevention & Fire Fighting A-VI/1-2	Basic Safety Training (BST)
3.	Personal Safety & Social Responsibility A-VI/1-4	Basic Safety Training (BST)
4.	Personal Survival Techniques A-VI/1-1	Basic Safety Training (BST)
5.	Crowd Management & Passenger Safety A-V/2	
6.	Crisis Management & Human Behavior A-V/2	
7.	Security Awareness A-VI/6, Par.5.1	

The Basic Safety Training is usually one (1) course that covers topics one (1) to four (4) listed in the above table.

Please contact your agency for assistance with these certificates. They can provide guidance and let you know how to obtain the required certificates.

The cost of obtaining any of the above listed certificates is your own responsibility. The company will not reimburse you for this expense.

AIRLINE TICKETS AND JOINING COSTS

If you are responsible for the purchase of your joining airline tickets, please ensure that you arrive at the port of embarkation (where you join the ship) at least six (6) hours before the ship sets sail. You may require a hotel overnight in the port of embarkation depending on the arrival time of your flight. Please discuss your flight tickets and possible hotel stays with your recruitment agency as they will provide you with proper guidance.

Britannia Ship Services Limited strongly recommends that you purchase a Marine (Seaman's) Fare Ticket. These tickets are usually fully refundable without any penalty. If you purchase a published fare ticket through a regular travel agent or on the Internet and your assignment date is changed, you may lose part or all of the money that you paid for a regular ticket. Marine Fare tickets usually provide you with a luggage allowance of 40 kilograms. Most published fare tickets provide you with not more than 20 kilograms for baggage. Please refer to the section Excess Luggage earlier in this guide.

Britannia Ship Services Limited has its own in-house Marine Travel Agency by the name of **Europe USA Travel** (www.europeusatravel.com), which can provide you with a competitive quote for a fully refundable Marine Fare ticket. If BSSL provides you the joining ticket, your recruitment agency will provide you with the flight information, e-ticket number and other joining instructions.

MONEY MATTERS

Onboard Charges Deposit

You are required to provide a US \$600.00 deposit for onboard charges that you might incur while on board. You will have to deposit US \$200.00 each month and for 3 months after you receive your first payout on board.



The deposit is refunded to you upon your successful completion of your contract. In the event of a resignation or dismissal part or all of the deposit will be held to pay for the cost of your repatriation to your country of origin or point of hire.

Travel Cash and Credit Cards



We highly recommend that you have at least US \$100.00 or EUR €100.00 in cash to cover any out-of-pocket expenses during your travel to the vessel and/or prior to receiving your first pay on board. Major credit cards are also useful to access cash and cover small charges. Ensure you keep any cash with you or locked up. Do not store it in your luggage.

Getting Paid on Board and Remitting Money

BSSL provides a service called "Ocean Pay Pre-paid Solutions", which allows you to enroll for the Ocean Pay Pre-paid Visa Debit Card Program. You will receive a Visa debit card that allows you to draw cash on board or at any Automated Teller Machine (ATM) with the Visa logo. You can also make purchases where Visa cards are accepted. Please note that ATM fees might apply when drawing cash from an ATM ashore. Your wages will be deposited in US Dollars onto your pre-paid Visa Card. Once a month, the Crew Accountant operates a "Virtual Terminal" that allows crewmembers to withdraw part or all of their wages in cash. The Virtual Terminal Service is at no cost to you! The Pursers also provide assistance with Western Union money transfers online or Internet wire transfers to an account or accounts of your choice. Internet access for a money transfer/wire feature is free of charge, but there is a charge for the actual transfer. You can inquire with the Pursers on board regarding the applicable fees.

Crewmembers must have a valid e-mail address to be able to sign up and manage their Ocean Pay and Western Union accounts.

Please ensure that you have a bank account with a national or international bank in your country in order to be able to transfer money from your Ocean Pay Account.

Keeping Cash on Board



The company strongly discourages crewmembers from keeping large sums of cash on board. It is safer to deposit any cash you may have to your Ocean Pay card.

Safety Deposit Boxes



The company provides safety deposit boxes for a monthly fee of US \$3.00 a month for small amounts of cash and other valuable items that you might want to keep in a secure location.

LIFE ON BOARD

Crew Areas

Employee areas on a ship are referred to as "Crew Areas". The majority of crew are only allowed in guest areas while on-duty. Off-duty, you are limited to crew areas. Check with your supervisor to ensure you know what privileges you have and where you can and cannot go on board while you are off-duty.



Guests and any unauthorized persons are not allowed in any crew area!



Cabin Space

Most crew cabins are below the guest decks and many of them are inside without portholes (windows). Since your cabin is your new home while on board please take care of it as if it was your own home. Keep it clean and tidy at all times. Bed linens, towels and all equipment, furniture and fixtures must be treated with care. Most crewmembers share a cabin with one or more person(s). Please be considerate with your cabin mates and treat them as you would like to be treated. Maintain good personal hygiene, personal tidiness and most importantly, be open to compromise. Please do not:

- Tamper with the smoke detectors
- Cook or store food in your cabin
- Use open flames such as candles in your cabin
- Install extension cords, power strips or other power lines
- Use any heat generating devices such as kettles, curling irons or irons.

Crew cabins have beds, small closets, a writing desk, TV, telephone and a fridge. You, along with your cabin mate(s), are fully responsible for the cleanliness of your cabin and bathroom. You must make your bed, change sheets, dust and clean the cabin and bathroom on a regular basis. Remember to turn off the lights, TV and any other electrical devices when you are not in your cabin.

Furthermore cabins must comply at all times with the health and hygiene standards on board. Any direct or indirect action that may influence the well-being of other fellow crewmembers and especially which may affect their work performance, are not allowed.



Some vessel have common bathrooms/shower as well as common toilets, which are shared by crew of the same gender.

Toilets

No foreign objects other than toilet tissue from the dispensers should be flushed down the vacuum toilet system. Female hygiene products or paper towels from the paper towel dispensers should be placed in the respective garbage bin. The toilets and washrooms must be kept clean and tidy at all times.

Cabin Inspections

Cabins are regularly inspected and it is expected that your cabin is in strict compliance with standards of the ship and the company. You do not have to be present during a cabin inspection. If there are any problems with the cabin maintenance, please report them immediately to the Crew Manager's Office.

Meals

Meals are provided in assigned crew dining areas (crew/staff & officers mess). All meals must be taken in the designated dining areas.



It is strictly prohibited to take food, tableware and/or cutlery from the messes to your cabin.

Crew Gymnasium

Each ship has a small Crew Gym with weights and cardiovascular equipment. The Crew Gym is open 24 hours. Crew are responsible for the cleanliness of the gym and the safe usage and proper storage of the equipment. Do not remove weights or other equipment from the gym.



You must wear proper exercise clothes when using the gym. Uniforms or street attire is not allowed. Proper athletic footwear must also be worn!

For safety reasons, flip-flops/slippers or bare feet are not permitted in the gym.

If you do not know how to use the exercise equipment, please ask someone who does. Improper use of exercise equipment may result in injury or can damage the equipment.

Crew Bar/Lounge

Each ship has a Crew Bar that is open to all crewmembers during the opening hours that have been established by the company. The Crew Bar is a place where you can socialize and relax after work.



While the crew bar serves alcoholic beverages, the company does not condone excessive consumption of alcohol. If you consume alcohol, do so in moderation! There are very strict regulations concerning alcohol consumption and blood alcohol levels on board. Please refer

to the section Drugs and Alcohol for more detailed information.

Private Parties

Private parties must be approved by Staff Captain in writing and the respective letter must be readily presentable at any time on the location of the party. No private parties are allowed in crew cabins or passenger areas. Excessive noise and the consumption of alcoholic beverage must be controlled by the crew member(s) who have applied to have the private party.

Shops

You can enjoy discounts at the ship's boutique/gift shop. Shop hours for crew and discounts are advertised in the crew areas.

Elevators

Passenger elevators might be only used by crew due to work related reasons and then only when authorized by the respective Head of Department.

Laundry

Designated crew washing machines are available in the crew area. They shall only be used with the greatest care, in accordance with the maker's instructions and with respect to fellow crewmembers.

Port Manning Duty

All crew, regardless of rank, may at times be required to remain on board even while off-duty and when the ship is in port. This is an International Maritime Law to ensure minimum safe manning in the unlikely event of an emergency. The port manning schedule is issued to you by the Safety Officer on board.

Shore Leave

Shore leave may be taken when off-duty providing that you have not been assigned Port Manning Duty. Normally, shore leave ends 1-hour before the scheduled ship's departure; unless stated otherwise. On days when a General Emergency Drill takes place, shore leave is only granted upon completion of that drill.

While off duty and the ship is alongside or at anchor, you can go ashore. Uniforms must never be worn when going ashore, unless it is required for duty purposes. When going ashore, you must carry your Crew ID card with you at all times.

Some countries or ports may require you to carry your passport. If this is the case, you can collect your passport at the Crew Purser's Office before you go ashore.

Going Ashore by Tender

When the ship is at anchor and the ship's tenders are used to carry guests and crew ashore, you must always give priority to guests. Tenders may be full with guests at times and you may have to wait for a later tender or you might not be able to go ashore at all.

MEDICAL

Well-Being

Your health and well-being are of the utmost importance to the company and Britannia Ship Services Limited encourages you to lead a healthy lifestyle; including a good diet, regular exercise, sufficient rest and moderate alcohol and/or nicotine intake if you are smoking or regularly consume alcoholic beverages.

Medical Center

Medical care is provided on board for crew whenever required. In order to consult the Doctor for non-urgent matters, the Supervisor need to be contacted and a respective form filled in. Medical consultations outside the official opening hours of the Medical Centre need to be requested directly from the Supervisor. In case of emergency the Bridge must be contacted.

Reporting of Medical Illness

You are required to report any medical illness or injuries to the ship's physician without delay.

In the case of infectious/contagious illness, the ship's doctor may elect to quarantine you either in your cabin, the ward onboard or in a hospital on shore.

Acute Gastroenteritis (AGE)

If you experience the symptoms of AGE, such as diarrhea or vomiting, you must immediately report to the Medical Center on board. Failure to report any AGE symptoms will lead to disciplinary action up to immediate dismissal!

Medical Care

When an illness or injury requires a shore side medical referral, treatment and/or hospitalization, the company's insurance provides you with the recommended treatment and/or hospitalization at no cost to the point of maximum medical improvement.

Health and Hygiene

You will receive additional information regarding to Health and Hygiene when you get on board. This information is provided in the Crew Booklet that you are going to receive during the sign on process.

Treatment Ashore

When you are treated by the ship's Doctor or a shore-side specialist it is critical that you follow the Physician's recommendations at all times. If you choose to ignore the Physician's recommendations, the company will consider it as abandonment of treatment that may result in a denial of maintenance and cure and/or medical benefits provided under a Collective Bargaining Agreement and/or applicable law.

Contraceptives

Contraceptives are not covered by the company and they are not available on board or by prescription through the ship's Physician. If you take contraceptives, please ensure you have a supply that lasts for the entire duration of your contract.

Maternity Policy

Female employees are required to sign the company's Maternity Policy upon boarding. You may review this policy document at the office of your recruitment agency.

Dental Care

The company only provides coverage for an initial examination, first set of X-rays and extraction of a tooth or teeth. Any other treatments including but not limited to, additional X-rays, cleanings, fillings, bridges, dentures or denture repairs, braces or adjustment of braces, tooth whitening or veneers are not covered and are at your own expense. This also includes the cost of transportation to/from the dental clinic, immigration fees, agent fees and any other expenses that might be incurred in connection with a visit to the dentist.

Optical Treatment

The company does not cover visits to or treatments by an optometrist -unless it is required-due to an injury that was caused by an accident on board.

Insurance

All crewmembers are fully insured against illness and accidents during their contractual period on board.



Unless you are covered by a national health care system in the country of your citizenship, you will not have any insurance coverage against illness and/or accidents while you are on leave between contracts or if you sign-off the vessel for a work break or leave of absence.

Britannia Ship Services Limited encourages you to ensure you have medical and accidental coverage while on leave.

PERSONAL APPEARANCE AND GROOMING STANDARDS

As a crewmember of Thomson Cruises, you represent our company and while you are in view of guests you are "on-duty". This means that you have to take special care of the way you look, talk and behave, whether you are actually working or not.

Guidelines you should always follow:

- Your uniform must be clean, pressed and in good repair at all times
- Use positive body language when working or walking through passengers areas
- Wear your nametag
- If applicable, always wear matching nylons/pantyhose when in uniform (day/evening)
- Socks must match the color of your shoes
- All crewmembers must provide their own black smart shoes (according to their uniform description). These should be comfortable and conservative. It is your own responsibility to keep them clean, neat and in good condition at all times. Shoes must be enclosed without an opening at the toe or heel. Heels on shoes may not exceed one inch (1") in height.

The appearance standards of Britannia Ship Services Limited and Thomson Cruises include but are not limited to the following requirements:

Male and Female

Body Alterations

Body modifications for the purpose of achieving alterations that detract from a professional imageare not acceptable. Examples include, but are not limited to:

- Body piercings or body jewelry other than traditional ear piercings and plain earrings for female crewmembers.
- Due to company's positioning within the industry, visible tattoos, regardless of position, are not permitted; therefore, they need to be covered by regular issue uniforms, which, depending on the position may be shorts, skirts or short sleeve shirts. This regulation also applies to religious or tribal tattoos that may be socially acceptable or even required in certain cultures.
- Disfiguring skin implants, earlobe expansion, tongue piercing/splitting as well as piercing plugs are strictly prohibited.
- The use of dental alteration such as gold, platinum caps (permanent or removable) for purposes of ornamentation is prohibited. Teeth, whether natural, capped or veneered cannot be ornamented with designs, jewels or inlays. Unnatural shaping of teeth for non-medical reasons is prohibited.

Eye Wear

- Prescription Eyeglasses: the frames of prescription eyeglasses should be conservative in style and color. Manufacturer logos must be small and inconspicuous.
- Sunglasses: when worn on-duty, must be conservative in style and color that does not detract from the overall appearance. Manufacturer logos must be small and inconspicuous. Sunglasses may only be worn with the prior approval of the respective head of department

on board. Lenses should be of standard black or brown shade. Mirrored lenses are not acceptable.

- Contact Lenses: when worn in uniform, must imitate a natural eye color. Designs, such as cat eyes, etc., are not permitted.

Male

Hair

- Hair must be neatly cut on the back and sides, forming a smooth, symmetrical appearance so that it does not extend beyond or cover any part of the ears or the shirt collar. The overall style must be neat, natural and balanced proportionally. Hair products may be used to create a soft, natural hairstyle within these guidelines. Styling gel to create a "spiky-look" is not permitted.
- A shaved head is permitted as long as the look is maintained throughout the entire contract.
- Shaving of the eyebrows is not permitted.
- Extreme bleaching or coloring is not permitted. If the hair color is changed, it must be natural looking and well maintained.
- Artificial hair is permitted if it looks natural and meets all of the above requirements.

Face

- Facial hair for front of the house crewmembers is prohibited.
- Crewmembers without facial hair are expected to be clean-shaven at the commencement of each shift, even if this requires multiple shaves each day.
- Facial hair for back of the house crewmembers is permitted, but it must be neatly trimmed at all times. All facial hair, including beards, mustaches and goatees must create an overall neat, polished and professional look.
- All facial hair must be fully grown-in, neatly groomed and well maintained at no longer than a quarter of an inch (1/4") in length. Mustaches may extend below the corners of the mouth to meet with a facial beard.
- Sideburns must be above the earlobe and cannot flare out.

Jewelry

- Wristwatches must be conservative and simple in style. Oversized dive watches or brightly colored watches are not permitted.
- Earrings or studs are not permitted on men.
- Male crewmembers may wear one plain ring, such as a wedding band or a simple graduation ring on each hand either on the ring or middle finger. Rings on index fingers and/or thumbs are not allowed.

Makeup

– Makeup on male crewmembers is not permitted.

Fingernails

- Fingernails must be clean and presentable looking at all times. They should not extend beyond the tip of the finger.

Female

Hair

- Hair should be natural looking, kept in a manageable fashion, neatly combed, and arranged in a classic, easy-to-maintain style.
- Hair must be completely dry when reporting for duty.
- Hair below shoulder length must be kept up either in a French pleat, braid or single ponytail while on-duty. Only neutral colored accessories such as hair clips, barrettes, pleat combs or cuffed elastic bands are permitted. Pens, chopstick or regular rubber bands are not allowed.
- Conservative braided hairstyles are permitted.
- Shaving of the head or any portion of the head or eyebrows is not permitted for female crewmembers.
- Extreme bleaching or coloring is not permitted. If the hair color is changed, it must be natural looking and well maintained. Subtle highlighting is permitted, as long as it creates a uniform look over the whole head and meets all of the previously listed guidelines.

Makeup

- If makeup is worn, it should be applied in a blended manner and in appropriate, neutral colors to create a natural and glowing look.
- Lip-gloss is permitted. Extreme bright lipstick colors are not permitted.

Jewelry

- Wristwatches must be conservative and simple in style. Oversized dive watches or brightly colored watches are not permitted.
- One (1) plain earring or stud per ear is permitted. Multiple earrings or studs per ear are not accepted.
- Female crewmembers may wear one (1) ring on each hand either on the ring or middle finger.
 Rings on index fingers and/or thumbs are not allowed.

Fingernails

Fingernails must be clean at all times. If polish is used, it should be an appropriate, neutral color. Polishes that are not permitted include: black, gold, silver, multi-colored or neon. Charms or decals on fingernails are not permitted. Fingernails should not exceed one-fourth (1/4") of an inch (approximately 6 mm) beyond the fingertip.

Personal Hygiene

Since you will be working in the close proximity of guests and fellow crewmembers, good personal hygiene is of paramount importance.

- A good neutrally scented deodorant/antiperspirant should be applied before you report for duty on each shift.
- The company encourages you to take at least two (2) showers each day.
- Strong or overpowering aftershave lotions, perfumes or eau de perfume should not be applied prior to reporting for duty.
- Teeth must be brushed after each meal. A good mouthwash should also be used to eliminate breath odors.

Hand Washing

Studies indicate that an average a person touches the face 2 to 4 times per minute. It is very important to wash hands as often as possible, and even more important to do it the right way. You should wash your hands:

- 1. Before reporting on duty
- 2. When your hands are dirty
- 3. Before eating or touching food
- 4. After using the bathroom,
- 5. After blowing your nose or coughing
- 6. After being in contact with a person with any infectious disease (e.g. cold, etc.)



UNIFORMS

Proper dress and uniforms must be worn at all times when on duty or in public areas. It is your responsibility to ensure that your uniform or private clothes are clean, smart, well-fitting and appropriate when in passenger areas.



If uniforms become damaged while in the laundry or while worn on duty, you must inform your Supervisor so that new uniforms or uniform accessories can be authorized and issued to you. Some positions are required to buy non-logoed uniforms. The cost of these items deducted from your first salary.

will be deducted from your first salary.

Back Support Belts



A back support belt is a mandatory piece of equipment for any crew lifting items heavier than 50 lbs. (22kgs). The company will provide support belts for a deposit to all crewmembers requiring them in their duties.

Pantyhose

Female service personnel are required to bring several pairs of both natural (daytime) and black (evening) pantyhose.

Socks & Belts

Male service personnel are required to bring several pairs of black socks and a plain black leather belt with a conventional loop buckle.

Name Badges

Name badges are part of the uniform and are required to be worn at all times while on duty. The Crew Manager provides each crewmember with one (1) name badge at the beginning of their first contract. There will be a charge for nametags that have been lost or were intentionally damaged.

Shoes

Service personnel must join the vessel with <u>at least one (1) pair</u> of comfortable black shoes. The shoes must have non-slip, non-marking rubber soles. Shoes with leather soles are unsafe and not permitted. Female footwear must have closed heels and toes, with a maximum 1.5" inches (4cm) heel. Shoes must be plain in appearance and comfortable.

For front of the house personnel, athletic type shoes (sneakers) or boots are not acceptable footwear.



It is highly recommended that you break-in (wear) your work shoes before you get to the ship so you can ensure the shoes are comfortable and provide you with proper support.

Accepted Female Shoe Styles (all shown styles have non-marking rubber soles)



Accepted Male Shoe Styles (all shown styles have non-marking rubber soles)



Accepted Safety Footwear (with steel capped toe protection)





Safety shoes are provided for all galley personnel; however, if galley personnel elects to provide their own foot wear, they must be fully enclosed with non-marking and anti-slip soles and steel capped toe protection.

KEEPING IN TOUCH

Mail

All mail and parcels you wish to receive from family and friends can be addressed to the port agent address in one (1) of the main ports you will be visiting regularly. The Crew Manager onboard will have all the necessary information.

Internet Cafe

The vessel has a crew Internet Café. All ships offer Wi-Fi service for those crewmembers who travel with their own laptops or wireless enabled devices. A per minute usage fee for Internet access applies.

Phone Calls

Phone calls can be placed from telephone booths at various ports with local long-distance calling cards. This is the most cost effective option to call home.

The carrying of personal mobile phones is not permitted while on-duty. All calls must be made in crew areas or when ashore during your free time.

It should be noted that International calls on a mobile phone can be extremely expensive, depending on the roaming charges that your carrier imposes. You might want to check with your mobile phone carrier on International roaming rates before you depart from home.

Emergency Contact Information for Relatives of Crew Members



In emergency situations, your immediate family may contact the Shipboard Human Resources Department at the following numbers or e-mail address.

Regular office hours in Miami: +1-305-592-8790 Weekends: +1-786-223-0848 Fax: +1-305-593-8335 Email: hremergency@theapollogroup.com

The emergency information will be quickly communicated to the ship. Please be sure to provide your family members with the above contact information and your Crew ID before you leave home.

SHIPBOARD STRUCTURE



Hotel Department



Crew Category

All Britannia Ship Services Limited crew belongs to one (1) of the above categories. Benefits and privileges depend on your position and benefits package, which is available for you to view on board the ship.

SAFETY AND SECURITY POLICIES

Drills and Training

In order to keep all crewmembers up-to-date and ready to react correctly to any kind of emergency, weekly drills and training units are carried out. Crew drills of any kind are compulsory for everybody and may be exempted only by the Supervisor and must be approved by the Safety Officer. Date, location and the topic of the respective training unit can be found in the Weekly Safety Training Schedule displayed on the notice board in the crew area. Crewmembers have also the obligation to carry out Computer Based Training (CBT) on the designated training computer.

E-STOP (Electronic-Safety-Training-Observation-Prevention)



Any unsafe acts and conditions which might lead, or might have led to an accident, but also ideas, feedback and best practices should be reported by issuing a STOP Card and place it in one of the STOP Card boxes which can be found in the crew area. It can be also reported to the Supervisior who will than issue an E-STOP on the computer. These will be reviewed by the Safety Officer and further investigation made.

<u>Example</u>: A fire hydrant is blocked by some garbage. Please remove the garbage, or report it immediately to your Supervisor. Issue a STOP Card so that everybody can learn and do the same. Please do not place any maintenance as a STOP Card, these should be issued as AVOs.

Near Miss

A Near Miss is a sequence of events and / or conditions that could have, but actually did not result in harm. The potential harm could be human injury, environmental demage or negative business impact. The difference to an E-STOP is that the investigation is carried out also involving the office ashore. <u>Example</u>: While working in the galley a cook slips on the wet floor, but does not suffer injuries.



Health, Safety and Environmental (HSE) Committee Meeting



Each department has an elected representative (not the Supervisor) who is invited every month to the HSE Committee Meeting in order to discuss al health, safety and environmental related matters brought up during your departamental meeting. The HSE Committee Meetings are interative with comments and suggestions from the departamental representaives to be discussed and

considered. The outcome of this meeting is discussed during the weekly Senior Management Meeting with the Shipboard Management and the minutes send to the DPA ashore. Further the minutes and the response from the office are posted at one of the crew notice boards.

Safe Working Practices

All the above stated (drills and training, AVO, Near Miss and HSE Committee Meeting) are part of a system to ensure that everybody can live and work safely on board. Further to this, everybody must ensure that before starting any work him /her:

- is fit for duty,
- familiar and aware of any hazards that might arise from the specific task;
- familiar and aware of the appropriate Personal Protective Equipment (PPE);
- understand the usage limitations of all tools and operate them accordingly (defective tools must be reported to the Supervisor prior storing them back);
- Verify the operating condition and means of protection of any tools and machinery.

Code of Conduct

You are going to receive the Code of Conduct when you are going board your assigned vessel.

Secondary Business

No employee of Britannia Ship Services Limited is permitted to run a secondary business on board while under contract with the company.

Gambling

Any activities in which money or prizes can be obtained are not allowed for any crewmember. Exemptions to these are authorized activities organized by the Crew Welfare Committee. The Casino is out of boundaries for all crew.

DRUGS AND ALCOHOL

Drugs

The company fully supports all endeavors by law enforcement agencies to eliminate both drug abuse and drug trafficking. The company will always bring any evidence found on board to the notice of the authorities and will support legal proceedings against the individuals implicated. The unlawful possession or distribution of drugs by any crewmember warrants instant dismissal under The Code of Conduct and could be subject to legal proceedings ashore.

Prescription Drugs

A crewmember may work while taking prescription or over-the-counter drugs as long as the job can be performed in a manner that will not compromise personal safety or the safety of others. A crewmember using prescription or over-the-counter drugs must assume responsibility that the drugs are taken in accordance with the prescriptions or directions provided for the drug. Crewmemberswho are under the influence of prescription or over-the-counter drugs must immediately inform a Supervisor if they feel they are unable to perform their assigned duties in a safe manner. In the event you have to take prescription medications when on board, including oral contraceptives, you must ensure to bring sufficient supplies to cover the entire length of the contract.

Every crewmember shall report any and all prescription medications, vitamin supplements, over-thecounter drugs and natural supplements they are currently taking and have brought onboard on the form provided during their sign-on. Any medication prescribed by a Doctor must be accompanied with a valid prescription. Random drug tests and cabin inspections will be administered throughout your contract. You will be responsible for any medications/supplementsfound that have not been declared; in which case, disciplinary action will be taken. Please remember to update this form throughout your contract if anything changes.

Alcohol

Alcohol is not permitted to be purchased ashore for consumption on board at any time. Spirits are not permitted in crew cabins at any time. An exception to this regulation may be made when a crewmember is at the end of their contract and are due to sign-off the vessel. In this instance any "special" purchases made ashore must be handed to security at the gangway. You may then collect your "special" purchase upon departure from the vessel. Crewmembers are permitted to have beer in their cabins. (Details of the quantities allowed can be found in the Master's Directive (MD) board located outside the messes).

Crewmembers onboard the ship shall not consume alcohol in such quantity that their blood alcohol level exceeds 40 mg/100ml and if they are found in violation of this rule, they will be subject to disciplinary action that might lead to dismissal. No member of the ships' company shall consume alcohol while on duty. Random breathalyser tests are carried out at regular intervals and without prior notice. It is the company's objective that every crewmember has a blood alcohol content of zero when they commence their scheduled duty. As a member of the ships' company, you are reminded that you may be called to perform duties at very short notice. To achieve a blood alcohol content of zero during scheduled work periods every member of the ships' company shall refrain from consuming alcohol within 4 hours of going on duty.

Smoking

Smoking for crew is only permitted in designated areas.



NO SMOKING IN CABIN IS PERMITTED.

There are designated smoking areas for guests on board each ship and crew are obliged to follow these guidelines according to their status on board.

PROHIBITED ITEMS



The company has a zero tolerance policy toward the possession of weapons or other prohibited items. Possession of a weapon or prohibited item onboard is also grounds for immediate dismissal. Unannounced searches for weapons or prohibited items may be carried at any time.

Any employee committing a crime will be handed over to the appropriate local authorities and will be dismissed.

HARASSMENT

Harassment against any crewmember or passenger, based on race, colour, gender, sexual orientation, religion, or for any other reason will not be tolerated. The Company considers harassment to be any action which might be disturbing, upsetting or threatening. It includes, but is not limited to, discrimination, sexual harassment, bullying, victimization (in the widest sense of the word, or most extreme form) and assault. Unacceptable harassment behaviour includes, but shall not be limited to:

- Unwelcome verbal or physical conduct;
- Unsolicited derogatory words or gestures;
- Showing or circulating written, printed or electronically disseminated material of a nature which others may find offensive;
- Any other conduct of a nature which may interfere with an individual's work;
- Performance or creating an intimidating, hostile or offensive working environment;
- Any attempt to penalize or punish a person for rejecting or objecting to the actions stated above;
- Use of electronic equipment to transmit, communicate, or receive sexually suggestive, pornographic, sexually explicit pictures, messages, or material.

ON BOARD COMPLAINTS PROCEDURE

Every crewmember has the right to lodge a complaint (i.e., a labor grievance) and to have that complaint investigated, provided it is specific in nature and is alleged to constitute a breach of seafarers' rights under the Maritime Labor Convention. Every crewmember with a complaint shall have the ability to have the matter addressed by bringing it to the attention of the proper authority on board, as outlined: Superior Officer; Head of Department; Master.

Again, Welcome On Board!

Now that you have read this guide, you should have most of the information that you need for a successful start on board. However, if you have any additional questions in regard to your job, the life on board or your working hours, please do not hesitate to ask your recruitment and placement agency. If they do not have the answer, they will contact Seven Seas Services Limited to ensure that you receive any information that you may require.

You are our greatest strength. We hope that you decide to grow along with the

company and you will sail with us for many years to come. Again, welcome to the team!



Before You Leave Checklist

	BEFORE YOU LEAVE CHECKLIST	CHECKED
1.	Do you have your e-ticket confirmation and flight itinerary? Is it the	
	correct departure and arrival date for you to reach the ship?	
2.	Have you been provided with the correct hotel information should you	
	require an overnight stay?	
3.	Have you been provided with the contact information of the local Port	
	Agent (phone numbers)?	
4.	Do you have enough cash (approx. EUR €100.00) with you to pay for	
	incidentals and transportation if required?	
5.	Have you checked the expiry dates of your passport, visas and seaman's	
	book to ensure all are valid for at least 12 months from the time you join	
	the ship?	
6.	Do you have your banking information with you including the name of the	
	bank and the appropriate SWIFT or IBAN number, which is required to	
	transfer funds to a bank account of your choice?	

Keep the following documents in a safe place and <u>carry them with you in your hand luggage</u> as checked luggage can get lost.

	AS YOU TRAVEL, CARRY WITH YOU	CHECKED
1.	Your joining ticket information and itinerary.	
2.	Your Letter of Employment (LOE).	
3.	Your Seafarer Employment Agreement	
4.	Your passport that is valid for at least 12 months.	
5.	Your Seaman's Book that is valid for at least 12 months.	
6.	Your original STCW certificates (BST, Crowd and Crisis Management).	
7.	Your International Vaccination Card with recorded and valid Yellow Fever	
	and Tetanus inoculations.	
8.	Emergency cash in the amount equivalent to EUR €100.00.	
9.	Your original medical documents, including all lab reports and results.	
10.	Your professional licenses and certificates if required.	
11.	Your "Before You Set Sail" guide.	

Britannia Ship Services Limited

New Hire Checklist

Please read and complete the following items on the checklist by placing your initials in the column that represents your response. Once you have completed the checklist please sign it and provide the original to your recruitment agency. They will provide you with a copy that you should keep with your other documents. The Pursers will collect this checklist during your sign-on process aboard your assigned ship.

	STATEMENT	YES	X NO
1	I have fully read and understand the contents of "Before you Set Sail" guide, which I received from the hiring partner either by electronic file or print copy.		
2	I have received the departmental "What You Need to Know" guide.		
3	I have received the job description for the position I was hired for.		
4	I fully understand that I do not need to take any money to the ship for the "Onboard Charges Deposit", but that I will be deducted installments of US\$ 200.00 from the salaries of the first 3 months on board.		
5	The company's joining and repatriation ticket and cost policy has been explained to me by my recruitment agency.		
6	I have read and understand the company's policy pertaining to uniforms, footwear and appearance standards.		
7	I understand the company's standards pertaining to personal hygiene and grooming		
8	I am aware that the first three months of my initial contract are considered as Probationary Period during which my performance will continuously be monitored and evaluated, and that I will receive a written performance evaluation at the end of the probationary period.		
9	I have obtained and possess all necessary documents and visas, including my passport, and all documents are valid for at least 1 year from the time I join the ship.		
10	I possess all necessary STCW Certificates that are required by International Maritime Law.		
11	I have obtained a Seaman's Book either from my country of citizenship or from the Flag State of the ship and confirm it is valid for at least one year from the date I join the ship.		
12	I have in my possession all of my medical documents and laboratory test results.		
13	I have received a Letter of Employment from my recruitment agency. The letter details my ship assignment, position, and joining date.		
14	I understand that my employment is based on International Transport Workers Federation's (ITF) Collective Bargain Agreement, which is available for inspection at the recruitment agency's office or aboard the vessel.		
15	I have received and read the crew complaints procedure (MLC Regulation 5.1.5)		
16	I have received my SEA and was given time to review it before I had to sign		

New Hire's Signature

Date (mm/dd/yy)

New Hire's Name

Recruiting Agent or HR Signature